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A B S T R A C T

An indicator interposed between a liquid-impervious sheet and an absorbent core of a body fluid absorbent article
5 includes a water-absorbent sheet and indication elements held in close contact with the water-absorbent sheet. The water-absorbent sheet is preferably formed from porous thermoplastic films having a total luminous transmittance of 40 % or lower in a dry state and 60 % or higher in a wet state.